



# TEN

## PRODUCT OVERVIEW:

Creating a better you at the cellular level! Bodē TEN is an ultra-premium nutritional supplement that enhances cellular energy production, increases stamina, and reduces oxidative stress.\* Working at the cellular level, this proprietary formula provides essential nutrients needed to support your body's mitochondria-the power generators of your cells.\*

Designed to support the number of mitochondria in your body and assist them in working more efficiently, Bodē TEN will help power your body to its fullest potential.\*

## BOD•Ē TEN BENEFITS:



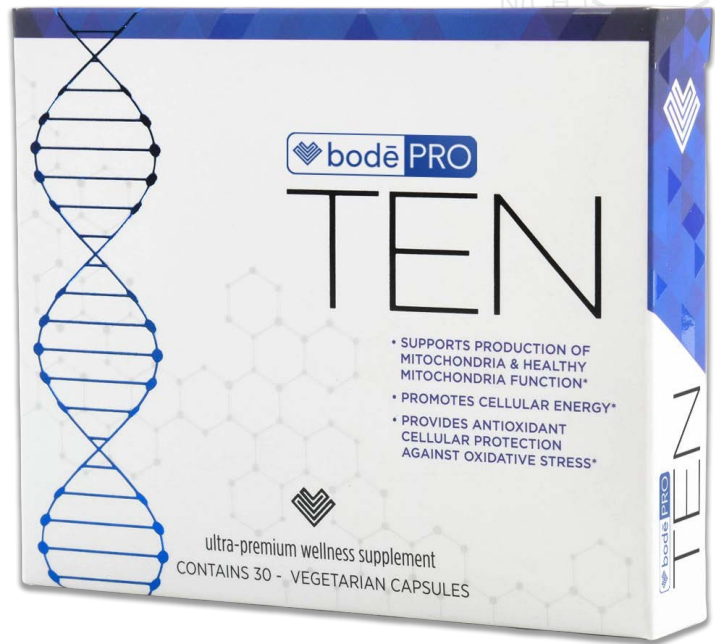
**SUPPORTS** HEALTHY MITOCHONDRIA FUNCTION\*



**PROMOTES** CELLULAR ENERGY\*



**PROMOTES** ANTIOXIDANT CELLULAR PROTECTION FROM OXIDATIVE STRESS\*



NO ARTIFICIAL COLORS  
NO ARTIFICIAL INGREDIENTS  
VEGETARIAN CAPSULES  
EASY-TO-SWALLOW

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## PRODUCT USAGE:

As a dietary supplement, take one capsule daily by mouth. Not recommended for children under the age of 18. If you are pregnant or nursing, or have a medical condition, consult your healthcare professional before using this or any other dietary supplement. Discontinue if allergic reaction occurs. Do not use if safety seal is broken. Keep in a cool, dry place out of direct sunlight.

## BODĒ TEN TARGET MARKET:

Bodē TEN is perfect for individuals of all ages that desire an ultra-premium supplement on-the-go and are interested in vitality, natural energy and building a strong nutritional foundation for overall well-being and vitality.\*



## Supplement Facts

Serving Size: 1 capsule

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Riboflavin	12.5 mg	962%
Niacin (as niacinamide)	50 mg NE	313%
Iron (as ferrous bisglycinate chelate)	0.5 mg	3%
Magnesium (as magnesium citrate)	25 mg	6%
Zinc (as zinc citrate)	15 mg	136%
Selenium (as selenomethionine)	200 mcg	364%
Copper (as copper gluconate)	2 mg	222%
Manganese (as manganese citrate)	2 mg	87%
Molybdenum (as molybdenum citrate)	100 mcg	222%
Proprietary Mitochondria Support Blend CoEnzyme Q10 (Ubiquinone) and PQQ Na2 (Pyrroloquinoline Quinone Disodium Salt).	60 mg	†

† Daily Value not established.

**Other ingredients:** Hypromellose (capsule), Microcrystalline cellulose, Magnesium stearate, and Silica.

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## KEY INGREDIENTS:

**PQQ** — Acting as a potent antioxidant, PQQ supports the production of mitochondria within your body and promotes healthy mitochondria function\*

**CoEnzyme** — Q 10- Acts as a vital antioxidant and supports energy production at the cellular level\*

**Magnesium**— Plays a vital role in the energy production pathway within the mitochondria, enhancing their overall functional role\*

**Niacin** — Acts as vital antioxidant and helps prevent mitochondrial damage\*

**Riboflavin** — Helps support increased energy levels\*

## CLINICAL STUDIES:

Clinical studies are not mandated for wellness companies; however, our philosophy at Bod•ē Pro is that products should be put to the test, a human test since our products are designed for humans. Accordingly, independent scientists conducted an initial study on our Bodē Pro TEN formula. The first test was a preliminary small-scale clinical study to determine the efficacy of TEN formula and evaluate its effect on mitochondria in adults. This was done by subjecting the products to the highest standard of clinical research — an independent, randomized, double blind placebo-controlled clinical study. This type of clinical study follows a specific set of procedures and protocols to ensure the results are dependable and free from bias. In addition, a small in – vitro study was also conducted on white blood cells to determine the effect of the Bodē TEN formula on mitochondria. Although these preliminary studies were small in scale, we believe that the findings are significant. The twelve test subjects were randomly divided into two groups and received Bodē TEN or a placebo for 30 days. After the 30-day evaluation period, the study showed that those who consumed the Bodē TEN formula had an actual increase in the number of mitochondria, mitochondria function and cellular energy.\* Based on these preliminary findings, Bodē Pro is planning on conducting further larger scale studies to confirm the findings. The preliminary findings of the small scale human study demonstrated:

1. An increase in the number of mitochondria, mitochondria energy and cellular metabolism in the test subjects within twenty four hours of consumption of the Bodē Pro TEN formula.\*
2. A continued increase in the number of mitochondria in the test subjects after one month consumption of the Bodē Pro TEN formula.\*
3. Increased physical energy and mental focus in the test subjects that consumed the Bodē Pro TEN formula.\*

## FREQUENTLY ASKED QUESTIONS:

### What are mitochondria?

Mitochondria are the ‘power generators’ of your cells. They are responsible for the energy production in your body. Mitochondria convert oxygen and nutrients into adenosine triphosphate (“ATP”), which is the energy that powers our cells metabolic actions.

### Why should I take Bodē TEN?

As we age, mitochondria decline in number. Due in part to oxidative stress, they also become less efficient and do not function to their fullest potential. As a result, you may not benefit from their full energy production abilities. Bodē TEN was specifically designed to increase and improve mitochondria energy production.\*

### What are the benefits of Bodē TEN?

You should feel an overall increase in natural energy (without a crash), improved stamina and general mood and feeling of well being and vitality.\*

### What is oxidative stress?

Oxidative stress is damage caused to cells by free radicals. Free radicals are molecules with unpaired electrons, making them unstable and highly reactive with other cellular structures. Free radicals can cause damage to parts of cells by stealing electrons through a process called oxidation. Antioxidants can reduce oxidative stress by inhibiting the oxidation of other molecules, helping to protect cells from the damage caused by free radicals.

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